## **GLOVE SIZING GAUGE**

## **OPTION 1: PRINT**

- Print this page.
- Place your right index finger next to the line as shown and measure your palm.
- If your hand measures between sizes use the larger size.

## **OPTION 2: MEASURING TAPE**

- Wrap a tailor's measuring tape around your dominant hand just below your knuckles. Measure in inches.
- Match the size in inches with the Glove Sizing Gauge.
- (above) If your hand measures between sizes use the larger size.



